



Corporate Order Menu

Minimum Order: HK\$800

***Please notify 20 hours prior to the delivery time if cancellation is required. Otherwise, no refund will be given.**

Order at least 24 Hours in advance

Email: Kitchen@Nosh.hk Tel: +852 9177 5772

Bento Boxes

	Calories	Protein	Carbs	Hard Bento \$	Soft Bento \$
A1 Teriyaki Chicken with Ponzu, Soba Noodles	330-340	32g	41g	\$135	\$105
A2 Salmon with Ponzu, Soba Noodles	330-340	32g	41g	\$135	\$105
A3 NOSH Hai Nan Chicken Rice	350-500	21g	43g	\$135	\$105
A4 Marinated Salmon with fragrant rice	350-500	21g	43g	\$135	\$105
A5 Chicken Teriyaki with Grains and Vegetables	400-450	36g	30g	\$135	\$105
A6 Salmon Teriyaki with Grains and Vegetables	400-450	41g	20g	\$135	\$105
A7 Vegetarian Tofu Bibimbap with Kimchi	400-450	23g	30g	\$135	\$105
A8 Roasted Eggplant Babaganoush with Quinoa	400-450	33g	20g	\$135	\$105

Rice & Grain Bowls

	Calories	Protein	Carbs	Normal Size \$	Small Size \$
B1 Steak with Mixed-Grain Rice and Chickpea	300-350	32g	41g	\$100	\$65
B2 Free Range Chicken with Imported Couscous	350-400	33g	21g	\$95	\$60
B3 Australian Steak with Quinoa & Black Beans	450-500	42g	35g	\$100	\$65
B4 Ahi Tuna with Warm Quinoa and Black Beans	350-400	24g	30g	\$100	\$65
B5 Grass Fed Beef Burrito Bowl	450-500	21g	36g	\$100	\$65
B6 Free Range Chicken with Black Beans	400-450	55g	50g	\$95	\$60
B7 NOSH Hai Nan Chicken Rice	450-500	21g	43g	\$95	\$60
B8 Fish Taco Bowl with Guacamole and Brown Rice	450-500	24g	30g	\$95	\$60
B9 Roasted Salmon with Couscous and Vegetables	350-400	26g	20g	\$95	\$60
B10 Greek Marinated Salmon with Mixed-Grain Rice	350-400	24g	41g	\$95	\$60
B11 Free Range Chicken Burrito Bowl & Guacamole	350-400	30g	43g	\$95	\$60
B12 Soy Glazed Salmon with Lemongrass Rice	350-400	21g	40g	\$95	\$60
B13 Grass Fed Steak with Couscous and Veggies	450-500	35g	20g	\$100	\$65

Salads

	Calories	Protein	Carbs	Normal Size \$	Small Size \$
C1 Australian Steak with Kale and Spring Mix	450-500	35g	12g	\$100	\$65
C2 Free Range Chicken with Vietnamese Salad	250-300	45g	16g	\$95	\$60
C3 Free Range Chicken Cobb Salad	300-350	25g	20g	\$95	\$60
C4 Grass-Fed Australian Steak Cobb Salad	450-500	44g	15g	\$100	\$65
C5 High Protein Grass Fed Steak Quinoa Bowl	450-500	42g	35g	\$100	\$65
C6 Roasted Salmon with Kale & Roasted Veggies	450-500	35g	11g	\$95	\$60
C7 Vegetarian Superfood Salad	300-350	25g	6g	\$90	\$60
C9 Salmon with Quinoa Salad & Mixed Greens	350-400	46g	35g	\$95	\$60

Asian

	Calories	Protein	Carbs	Normal Size \$	Small Size \$
D1 Roasted Salmon with Stir-Fry Udon Noodles	350-400	32g	41g	\$95	\$60
D2 Korean Marinated Beef Kimchi Rice Bowl	350-400	35g	22g	\$100	\$65
D3 Roasted Salmon with Ponzu, Soba Noodles	300-350	31g	44g	\$100	\$65
D4 Slow Cooked Beef Cheek Udon and Vegetables	350-400	55g	71g	\$100	\$65
D5 Korean Sticky Chicken with Brown Rice & Kimchi	350-400	33g	20g	\$95	\$60
D6 Miso Marinated White Fish Brown Rice Bowl	450-500	23g	85g	\$95	\$60
D7 Roasted Free Range Chicken with Soba Noodles	350-400	32g	41g	\$95	\$60

Sides

	Calories	Protein	Carbs	\$
X1 Roasted Pumpkin with Almond	50-100	6g	12g	\$45
X2 Signature Greek Salad with Kalamata Olives	50-100	9g	15g	\$45
X3 Mediterranean Couscous	50-100	4g	20g	\$45
X4 Seasonal Fruit Salad	50-100	4g	14g	\$45
X5 Beetroot-Quinoa Salad with Walnuts and Feta	50-100	4g	14g	\$45
X6 Mediterranean Lentil Salad	50-100	4g	14g	\$45

Beverages

	\$
Z1 Firefly Lemon, Lime and Ginger	\$27
Z2 Firefly Peach and Green Tea	\$27
Z3 Firefly Bramley Apple and Ginger	\$27
Z4 Jax Coco - Coconut Water	\$25
Z5 Fiji Water	\$15

DELIVERY CHARGE

Spend HK\$800 - HK\$1,000 - Delivery Fee of HK\$100
 Spend HK\$1,000 - HK\$1,500 - Delivery Fee of HK\$75
 Spend HK\$1,500 - HK\$2,000 - Delivery Fee of HK\$50

FREE DELIVERY ABOVE HK\$2,000